

**AMENDMENTS TO THE CLAIMS**

Please **AMEND** claims 1 and 10 as shown below.

The following is a complete list of all claims in this application.

1. (Twice Amended) An appetite suppressant and weight loss composition, comprising:  
green tea;  
beta-hydroxy beta-methylbutyrate;  
green tea leaf extract; and  
a chromium additive,  
wherein the combination of the green tea, the beta-hydroxy beta-methylbutyrate, the  
green tea leaf extract, and the chromium additive form ~~the~~ an appetite suppressant and promotes  
the loss of weight in an individual.

2. (Previously Amended) The appetite suppressant of claim 1, wherein the chromium  
additive is selected from the group consisting of chromium polynicotinate, chromium amino  
acid chelate, chromium chloride, and chromium picolinate, and combinations thereof.

3. (Previously Amended) The appetite suppressant of claim 1, further comprising 5-  
hydroxytryptophan.

4. (Previously Amended) The appetite suppressant of claim 1, wherein the green tea  
is in an amount ranging from about 175 mg to about 325 mg.

5. (Previously Amended) The appetite suppressant of claim 1, wherein the green tea leaf extract is in an amount ranging from about 10 mg to about 90 mg.

6. (Previously Amended) The appetite suppressant of claim 1, wherein the green tea leaf extract contains about 50% catechin polyphenols.

7. (Previously Amended) The appetite suppressant of claim 1, wherein the green tea is in an amount of about 250 mg and the green tea leaf extract is in an amount of about 50 mg.

8. (Previously Amended) The appetite suppressant of claim 1, wherein the appetite suppressant is the form selected from the group consisting of a tablet, a powder, and a capsule.

9. (Previously Amended) The appetite suppressant of claim 1, wherein the chromium additive is in a range from about 50 mg to about 200 mg.

10. (Twice Amended) An appetite suppressant and weight-loss composition, comprising:

green tea

green tea leaf extract containing catechin polyphenols;

a chromium additive;

5-hydroxytryptophan; and

beta-hydroxy beta-methylbutyrate,

wherein the combination of the green tea, the green tea leaf extract, the chromium additive, the 5-hydroxytryptophan, and the beta-hydroxy beta-methylbutyrate ~~form the appetite suppressant~~ promotes the loss of weight in an individual.

11. (Previously Amended) The appetite suppressant of claim 10, wherein the green tea is in an amount ranging from about 180 mg to about 325 mg, and wherein the green tea leaf extract is in an amount ranging from about 35 mg to about 65 mg.

12. (Previously Amended) The appetite suppressant of claim 10, wherein appetite suppressant is in a form selected from the group consisting of a tablet, a powder, and a capsule.

13. (Previously Amended) The appetite suppressant of claim 10, wherein the chromium additive is in a range from about 50 mg to about 200 mg.

14-22. (Previously Cancelled)

23. (Previously Added) A weight loss composition, comprising:

green tea leaf extract;

beta-hydroxy beta-methylbutyrate; and

a chromium additive,

wherein the combination of the green tea leaf extract, the beta-hydroxy beta-methylbutyrate, and the chromium additive form the weight loss composition and wherein the weight loss composition promotes weight-loss in an individual.

24. (Previously Added) The weight loss composition of claim 23, wherein:  
the green tea is in an amount ranging from about 180 mg to about 325 mg;  
the green tea leaf extract is in an amount ranging from about 35 mg to about 65 mg;  
the chromium additive is in an amount ranging from about 50 mg to about 200 mg; and  
the beta-hydroxy beta-methylbutyrate is in an amount up to about 75 mg.

25. (Previously Added) The weight loss composition of claim 23, wherein the  
weight loss composition is in a form selected from the group consisting of a tablet, a powder, and  
a capsule.